



Course Outline

PSYC5116

Graduate Certificate in Child Development

Wellbeing and Resilience

School of Psychology

Faculty of Science

[Term, Year]

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1. Staff

Position	Name	Email	Consultation times and locations	Contact Details
Course Convenor				

2. Course information

Units of credit:	6
Pre-requisite(s):	Program Pre-Requisite: Bachelor's degree of any kind (Australian Qualification standard or equivalent)
Teaching times and locations:	Online

2.1 Course summary

This course will address advanced-level topics relating to the development and maintenance of wellbeing and resilience in children and adolescents. These include self-esteem, self-efficacy, coping, risk-taking, and responsibility. Course content will involve a critical review of current research findings and contemporary theories pertaining to development within these topic areas, as well as a discussion of factors that can interact with and obstruct this development. Students will develop skills in the creation of novel research questions, translating empirical data to real-world contexts with practical applications, and disseminating scientific ideas in a variety of formats for different purposes.

2.2 Course aims

This course aims to provide students with an in-depth knowledge and understanding of contemporary research findings and theories that relate to core topic areas underpinning the development of wellbeing and resilience in early life: self-esteem, self-efficacy, coping, risk-taking, and responsibility. In addition, this course aims to equip students with the skills to design novel empirical research based around current theories and data, and to translate the findings of such research for broader dissemination and practical application.

2.3 Course learning outcomes (CLO)

At the successful completion of this course the student should be able to:

1. Demonstrate an advanced level of knowledge and understanding about the core factors that contribute to the development and maintenance of wellbeing and resilience in early life, with the ability to interpret and discuss the related empirical research and its implications.
2. Demonstrate advanced skills in applied research methods for designing and conducting empirical investigations into childhood/adolescent wellbeing, including the ability to evaluate where current evidence is lacking in order to derive novel research questions for testing.
3. Have developed an appreciation for how key factors contributing to wellbeing are linked and how they may be integrated to solve applied problems, demonstrating critical engagement with the literature and the capacity for innovative and creative thinking that expands upon it.

4. Evaluate scientific writing with respect to the values and ethics of psychology, with a demonstrated ability to use information in a manner that recognises the importance of accurate and unbiased translation of scientific research into the public domain.
5. Write effectively in a variety of formats for a variety of purposes, demonstrating effective interpersonal communication skills and the ability to collaborate ethically and efficiently with peers.
6. Disseminate scientific information to diverse audiences in a manner that is sensitive to the values and beliefs of others, with a demonstrated ability to consider multiple different perspectives and acknowledge human diversity in scientific opinion.

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2.4 Relationship between course and program learning outcomes and assessments.

CLO	Program Learning Outcomes						Assessment
	1. Knowledge	2. Research Methods	3. Critical Thinking Skills	4. Values and Ethics	5. Communication, Interpersonal and Teamwork	6. Application	
1							
2							
3							
4							
5							
6							
7							
8							

3. Strategies and approaches to learning

3.1 Learning and teaching activities

This is a fully online course; all materials, lectures and tutorials are delivered through Moodle.

The course web page is available through the e-learning Moodle site:

<https://moodle.telt.unsw.edu.au/login/index.php>. Login with your student number and password, and follow the links to the PSYC page.

The course will be delivered over six weeks, covering six major topic areas. The major topics will be delivered in Weeks 1 to 6, with a new topic presented each week. Students are expected to engage with all materials delivered each week. There will be a combination of formative and summative assessments throughout the course. The expected level of engagement is 18-19 hours per week, including preparation for the “secured” quizzes and written assessments.

Each week students can expect the following:

Lectures will be digitally recorded. Links to the lecture recordings will be available on the course web page. Lecture slides will be also available on the Moodle course page. This will typically be broken down into 6 x 20-minute lectures covering the main concepts for each sub-topic of the week.

Online Tutorials will be held in weeks 1-6. There are six (6), two (2) hour tutorials delivered through Blackboard Collaborate on the Moodle course page each week. All tutorials will be live streamed for synchronous participation and recorded for asynchronous participation, should a student be unable to join the synchronous tutorial at the designated time. Students will be able access the recorded tutorials for the remainder of the course. Tutorial discussions are based on lecture content and readings. In order to participate in class discussions, you will need to prepare for tutorials by reviewing the available materials.

Online activities: Each week there will be a range of online activities, including revision quizzes and interactive learning modules using a range of adaptive learning platforms. These activities will allow students to explore the topics of the week in greater depth and provide formative assessment for the students as well as revision opportunities.

The formative topic revision quizzes available for students provide an opportunity to evaluate understanding of course material on a weekly basis. Timely completion of the weekly quizzes will assist students in gaining a proper understanding of each topic so that this knowledge can be built on in future content. **NB: These formative quizzes do not contribute to the student’s final grade and are not to be confused with the “secured weekly quizzes”.**

Readings: There will be assigned readings each week that cover the major topic of the week. Students will need to complete the readings in order to prepare for the online tutorials. In addition, as part of this preparation students are encouraged to post one comment/discussion point on the Discussion Forum and reply to the comment of at least two other students in the course (**4.5 hours**).

The Discussion Forum connects students in the course to encourage discussion of weekly content, revision, or topics of interest with each other. Regular engagement in the Discussion Forum will help students gain an understanding of the material, critique the contributions of fellow students, and help develop written communication skills.

The Q and A Discussion Forum provides students with an opportunity to question and clarify the concepts and ideas mentioned in the lectures. Students are strongly encouraged to engage with this forum by posting questions or comments, and reading, answering, or replying to other students’ posts to enhance understanding of the content, critical thinking, and written communication skills.

3.2 Expectations of students

The course Moodle page contains lectures, tutorials, content topic materials, assessment materials, and any updated information. You are expected to check Moodle regularly. You are also expected to regularly check your UNSW email. All news and announcements will be made on the “Announcements” forum on the Moodle page and/or by email. It is the student’s responsibility to check Moodle and their student emails regularly to keep up to date.

Given that the course content and all assessable components are delivered online, it is the responsibility of the student to ensure that they have access to a computer with a stable internet connection and a browser capable of handling the features of the Moodle eLearning website and any of its content. There will be no special consideration granted due to internet connection or computer issues arising from personal technical issues. If an internet disconnection takes place during an assessment/exam, there will be no way of changing a mark and these will be allocated according to the progress that was saved. To help students establish whether or not their computer/internet access is suitable for the online exam/s, a test quiz is available. This quiz will not contribute to final marks and will be able to be completed multiple times in order to test computer/internet connection prior to assessments/exams.

The Moodle forum should be the first line of contact with the Course Convenor (meeting requests, personal or Equitable Learning Support matters can be sent by email in the first instance). Due to the online nature of the course, under no circumstances are specific exam/quiz questions/answers to be discussed online or via email. Such matters can only be discussed during in person appointments with the Course Convenor.

NOTE: THIS COURSE REQUIRES SIGNIFICANT WEEKLY ASSESSABLE ENGAGEMENT THROUGH MOODLE. Students are expected to engage with all materials delivered each week. There will be a combination of formative and summative assessments throughout the course. **The expected level of engagement is on average 18-19 hours per week** (in the 6-week term). Average engagement levels are as follows: (a) **2 hours** of engagement with the lecture content (6 x 20-minute lectures per week); (b) Tutorial attendance, **3 hours** per week including preparation for the tutorial discussion. Note we recommend that you complete the synchronous tutorial, however completion of the recorded asynchronous tutorial will also be accepted; (c) **4.5 hours** to complete the assigned activities, including revision modules; (d) **4.5 hours** to complete the assigned weekly readings that accompany the content for each lecture topic; (e) **4-5 hours** to complete the weekly assessments (secured quizzes) and prepare for the major assessments.

Under no circumstances will employment be accepted as an excuse not to meet expectations for class participation or assessments. Remember, the term times are very short, so it is your responsibility to ensure that you do not fall behind with the ongoing assessment demands of the course.

Tutorial Attendance: Attendance and participation in tutorials is compulsory. All tutorials will be delivered in an online mode, through Blackboard Collaborate. Given that this is a fully online course, it is understood that some students may be unavailable at the designated live tutorial time. Therefore, students will be required to participate in the tutorial in either a synchronous (as the tutorial is streamed live) or asynchronous (via a recorded version of the tutorial) format.

NB: Engagement with online tutorials and timely completion of asynchronous online tutorials is essential in accordance with UNSW Assessment Implementation Procedure.

It is expected that students are aware of UNSW Assessment policy and understand how to apply for special consideration within the framework of the Graduate Diploma Special consideration policies and procedures if they are unable to complete an assignment/exam due to illness and/or misadventure.

Students must read the Graduate Certificate in Child Development (7419) Program Guide.

4. Course schedule and structure

Each week this course typically consists of 2 hours of lecture material, 2 hours of face to face tutorials, 4.5 hours of online activities and 4.5 hours of readings. Students are expected to take an additional 4-5 hours each week of self-determined study to complete assessments and undertake exam preparation.

Week	Lecture topic/s	Tutorial/lab topics	Online modules	Self-determined activities
Week 1	Self-Esteem			
Week 2	Self-Efficacy			
Week 3	Coping			
Week 4	Risk-Taking			
Week 5	Responsibility			
Week 6	Interacting Factors			

5. Assessment

5.1 Assessment tasks

All assessments in this course have been designed and implemented in accordance with UNSW Assessment Policy.

Assessment task	Length	Weight	Mark	Due date
Assessment 1: “Secured” Quizzes (cumulative assessment)	20 MCQ per quiz	50%	50	Sunday 11:59pm week of release (Weeks 1,2,3,4,5,6)
Assessment 2: Research Proposal	1500 words	30%	100	Sunday Week 3
Assessment 3: Translational Piece Peer Comments	750 words 300 words	20%	100	Sunday Week 5 Sunday Week 6

Assessment 1 “Secured” Quizzes (cumulative assessment): Students will be required to complete 6 quizzes under official online exam conditions. These quizzes will cover the content of the lectures and readings. The quizzes will be held in weeks 1-6 and will cover content presented in the week they are released. The secured quizzes form part of a cumulative assessment; of the 6 quizzes completed, the best 5 scores will contribute towards the 50% total weighting (10% each quiz). Each quiz will comprise 20 multiple choice questions.

Assessment 2 Research Proposal 30%: Students will be able to choose from a selection of research papers relating to the various course topics. The task will be to derive a novel research question inspired by the chosen paper (and/or related articles) and construct a research proposal around this question. The research proposal is to include a literature review that highlights the gap in current knowledge that the research question aims to address, a clear description of aims and hypotheses, a full account of the proposed methodology, and an outline of expected results.

Assessment 3 Translational Piece 20%: Students will be required to undertake a literature search to choose a recent empirical finding related to one of the core topic areas in the course. The task will be to produce a written piece that summarises and presents these findings, and their practical implications, for a more general audience. Students will be able to choose the format for their written work. For example, it could be an opinion piece, newspaper article, policy recommendation, etc. In addition to submitting for marking, students will be required to post their written piece in the discussion forum on Moodle. As a requirement for completion, each student will need to read and comment on at least 3 other students’ submissions (100 words each). Students are expected to communicate in a respectful and appropriate manner in their comments (see <https://student.unsw.edu.au/conduct>).

UNSW grading system: <https://student.unsw.edu.au/grades>

UNSW assessment policy: <https://student.unsw.edu.au/assessment>

5.2 Assessment criteria and standards

Further details and marking criteria for each assessment will be provided to students closer to the assessment release date (see 4.1: UNSW Assessment Design Procedure).

5.3 Submission of assessment tasks

Written assessments: In accordance with UNSW Assessment Policy all written pieces of assessment must be submitted online via Turnitin. No paper or emailed copies will be accepted.

Late penalties: deduction of marks for late submissions will be in accordance with the Graduate Certificate in Child Development assessment policy. Students will receive a penalty of 5% per day for late submissions, including weekends. For example an assessment due on Sunday and submitted on Tuesday would be considered two days late leading to a penalty of $5\% \times 2 = 10\%$ from the total assessment mark (see: Graduate Certificate in Child Development (7419) Program Guide).

Special Consideration: Students who are unable to complete an assessment task by the assigned due date can apply for special consideration. Special consideration applications must be submitted through the special consideration portal available through myUNSW along with appropriate third-party supporting documentation. **NB:** *UNSW operates under a Fit to Sit/Submit rule for all assessments. If a student wishes to submit an application for special consideration for an exam or assessment, the application must be submitted **prior to the start** of the exam or **before** an assessment is submitted. If a student sits the exam/submits an assignment, they are declaring themselves well enough to do so and are unable to subsequently apply for special consideration.*

Students who have experienced significant illness or misadventure during the assessment period may be eligible. Only circumstances deemed to be outside of the student's control are eligible for special consideration (see - <https://student.unsw.edu.au/special-consideration>). In the case of take-home assessment tasks, misadventure must occur for at least 3 consecutive days during the assessment period. If approved, students may be given an extended due date to complete take-home assessments

Alternative assessments: there will be no alternative assessments due to the intensive nature of the course. Please refer to the Graduate Certificate in Child Development (7419) Program Guide for policies and procedures relating to misadventure.

Supplementary examinations: Students may apply for a supplementary exam, providing that this is not an ongoing issue. If students are unable to engage in all aspects of the course for two weeks or longer, they will be required to submit an application to withdraw from the course without penalty. Please refer to the Graduate Certificate in Child Development (7419) Program Guide for policies and procedures relating to misadventure.

5.4. Feedback on assessment

Feedback on all pieces of assessment in this course will be provided in accordance with UNSW Assessment Policy.

Assessment	When	Who	Where	How
"Secured" Quizzes (cumulative assessment)	Monday following quiz submission	Course Convenor	Gradebook	Moodle
Research Proposal	Sunday Week 5	Course Convenor	Gradebook	Moodle

Translational Piece	10 working days after due date	Course Convenor	Gradebook	Moodle
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6. Academic integrity, referencing and plagiarism

The APA (6th or 7th edition) referencing style is to be adopted in this course. Students should consult the publication manual itself (rather than third party interpretations of it) in order to properly adhere to APA style conventions. Students do not need to purchase a copy of the manual, it is available in the library or online. This resource is used by assessment markers and should be the only resource used by students to ensure they adopt this style appropriately:

[APA 7th edition.](#)

Referencing is a way of acknowledging the sources of information that you use to research your assignments. You need to provide a reference whenever you draw on someone else's words, ideas or research. Not referencing other people's work can constitute plagiarism.

Further information about referencing styles can be located at <https://student.unsw.edu.au/referencing>

Academic integrity is fundamental to success at university. Academic integrity can be defined as a commitment to six fundamental values in academic pursuits: honesty, trust, fairness, respect, responsibility and courage.¹ At UNSW, this means that your work must be your own, and others' ideas should be appropriately acknowledged. If you don't follow these rules, plagiarism may be detected in your work.

Further information about academic integrity and **plagiarism** can be located at:

- The *Current Students* site <https://student.unsw.edu.au/plagiarism>, and
- The *ELISE* training site <http://subjectguides.library.unsw.edu.au/elise>

The *Conduct and Integrity Unit* provides further resources to assist you to understand your conduct obligations as a student: <https://student.unsw.edu.au/conduct>.

7. Readings and resources

Textbook	No set textbook
Course information	Available on Moodle
Required readings	Graduate Certificate in Child Development (7419) Guide
Recommended internet sites	UNSW Library UNSW Learning Centre ELISE Turnitin Student Code of Conduct Policy concerning academic honesty

¹ International Center for Academic Integrity, 'The Fundamental Values of Academic Integrity', T. Fishman (ed), Clemson University, 2013.

	Email policy UNSW Anti-racism policy statement UNSW Equity and Diversity policy statement UNSW Equal opportunity in education policy statement
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8. Administrative matters

The [School of Psychology Student Guide](#) contains School policies and procedures relevant for all students enrolled in undergraduate or Masters psychology courses, such as:

- Attendance requirements
- Assignment submissions and returns
- Assessments
- Special consideration
- Student code of conduct
- Student complaints and grievances
- Disability Support Services
- Health and safety

It is expected that students familiarise themselves with the information contained in this guide.

9. Additional support for students

- The Current Students Gateway: <https://student.unsw.edu.au/>
 - Academic Skills and Support: <https://student.unsw.edu.au/academic-skills>
 - Student Wellbeing, Health and Safety: <https://student.unsw.edu.au/wellbeing>
 - Equitable Learning Services: <https://student.unsw.edu.au/els>
 - UNSW IT Service Centre: <https://www.it.unsw.edu.au/students/index.html>
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